



# BOW PARKS & RECREATION

## 2012 SPRING SPORTS

Registration Night will be January 12th 5-6:30 pm or January 26th 5-6:30 pm  
At the Bow Community Building for Bow Residents  
(or register during office hours after January 12th)

Non-Bow Residents may register as of March 9th

### 6 YEAR OLD T-BALL

- Born May 1, 2005 through April 30, 2006 \*
- Cost: \$55 Bow or \$60 non-Bow

Tuesday Night Practices  
At Sargent's Park  
**May 1, 8, 15, 22, 29**

Sunday Morning Games  
At Gergler Field  
**May 6, 13, 20, 27, June 3**



Required Equipment for T-Ball for 6 Year Olds

- Batting Helmet
- Baseball Glove
- Cleats/Sneakers

Parent participation is encouraged!



### LACROSSE

at Gosling Field

Thursdays (Girls Only) May 3, 10, 17, 24, 31  
\$45/50 3:00-4:00 pm

Fridays May 4, 11, 18, 25, June 1  
\$40/45 10:00-10:45 Age 4-6  
\$40/45 1:00-1:45 Age 4-6  
\$45/50 3:00-4:00 Grade 1-4  
\$45/50 4:00-5:00 Grade 5-6

Required Equipment for Lacrosse

- Bow Recreation T-Shirt
- Eye Protection (supplied by Bow Recreation)
- Helmet
- Mouth guard



### PRE-K/KINDER T-BALL

at Sargents Park

Wednesdays May 2, 9, 16, 23, 30  
\$35/40 9:45-10:30 Age 4-6  
\$35/40 11:15-12:00 Age 4-6  
\$30/35 12:15-12:45 3 Years  
\$35/40 1:00-1:45 Age 4-6

Thursdays May 3, 10, 17, 24, 31  
\$30/35 9:00-9:30 3 Years  
\$35/40 9:45-10:30 Age 4-6  
\$35/40 11:00-11:45 Age 4-6  
\$35/40 12:30-1:15 Age 4-6

Required Equipment for Pre-K/Kinder T-Ball

- Bow Recreation T-Shirt
- Sneakers
- Water bottle



Located at the Bow Community Building

Phone: (603) 228-2222 Fax: (603) 228-2230 website: [www.bowrecnh.com](http://www.bowrecnh.com)